



Name: _____



Are adults really so different from kids? Choose an adult family member. Each of you complete the following sentences on your own (use scratch paper) using the “feelings” words below. Then compare your answers.

If you chose a different feeling word for the same sentence, write your feeling word in one “different” column, and your adult’s feeling word in the other “different” column below. If you chose the same feeling word, just write it once in the “same” column.

	Different (You)	Same	Different (Adult)
When someone in the family is sick, I feel:			
When I have something important to get done and don't have enough time to do it, I feel:			
When I am by myself, I feel:			
When I am with a lot of people, I feel:			
When I think about riding on a roller coaster, I feel:			
When I finish all my household chores, I feel:			
When it is time for bed, I feel:			

Feelings words

worried, unsure, scared, lonely,
happy, sad, serious, frustrated,
nervous, joyful, satisfied, stressed,
peaceful, relaxed, excited

This homework assignment was completed on _____	_____
(DATE)	(ADULT SIGNATURE)